

Proclamation

WHEREAS, parks and recreation is an integral part of communities throughout this country, including Leander; and

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors;

NOW THEREFORE I, Mayor Christine DeLisle, do hereby proclaim July as:

Parks and Recreation Month

In witness thereof, I have hereunto set my hand and caused the Seal of the City of Leander to be affixed on July 7, 2022.



C. de Lisle

Christine DeLisle, Mayor

Attest:

Dara Crabtree

Dara Crabtree, City Secretary